
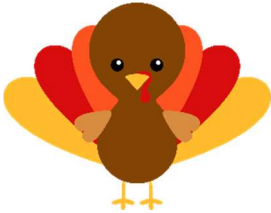









TUSCALOOSA COUNTY SCHOOLS
MENU
NOVEMBER 2018

Breakfast Options:
Cereal, Toast, Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily.

Lunch Options:
Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>“We strive to be successful in food because students can’t be successful without it.”</p>	<p>*MENUS ARE SUBJECT TO CHANGE*</p> 		<p>01 DOUGHNUT, OATMEAL, GRAPES & STRAWBERRIES</p> <p>TACO SALAD W/ BROWN RICE ZYDECO CHICKEN W/ WARM ROLL FIESTA CORN REFRIED BEANS FRESH GARDEN SALAD CHILLED FRUIT</p>	<p>02 SCRAMBLED EGGS, BACON, BISCUIT, ORANGE SLICES</p> <p>BUFFALO CHICKEN DIP HAMBURGER FRESH VEGGIE DIPPERS SIDEWINDERS FRESH GARDEN SALAD FRESH FRUIT</p>
<p>05 BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>GREEK CHICKEN W/ RICE PILAF PIZZA POPPERS EDAMAME TATER TOTS FRESH GARDEN SALAD PEACHES</p>	<p>06 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>CRISPIITOS SPICY CHICKEN SANDWICH VEGGIE MEDLEY PINTO BEANS FRESH GARDENSALAD ORANGE SLICES</p> 	<p>07 YOGURT PARFAIT, MUFFIN, BANANA</p> <p>CHICKEN BACON RANCH CIABATTA PIZZA SUBMARINE FRESH YELLOW SQUASH ROASTED CARROTS FRESH GARDEN SALAD MIXED FRUIT</p>	<p>08 CHICKEN BISCUIT, OATMEAL, PEACH SLICES</p> <p>SWEET & SOUR CHICKEN W/ EGG ROLL CORN DOG W/ CHIPS STIR FRY VEGGIES GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS COOKIE</p>	<p>09 SCRAMBLED EGGS, SAUSAGE LINK, PANCAKES, MIXED FRUIT</p> <p>RIBS W/ WARM ROLL CHEESEBURGER BAKED BEANS CORN ON THE COBB FRESH GARDEN SALAD FRESH FRUIT</p> 
<p>12</p> <p style="text-align: center;">VETERANS DAY</p>	<p>13 CINNAMON ROLL, OATMEAL, RAINBOW PEARS</p> <p>MEDITERRIANIAN BEEF GYRO PIZZA MEDITERRIANIAN ROASTED VEGGIES BLACK-EYED PEAS FRESH GARDEN SALAD APPLE SMILES</p>	<p>14 SAUSAGE, GRAVY BISCUIT, YOGURT, MIXED FRUIT</p> <p>CHILI W/ CORNBREAD CHICKEN TENDER BASKET SWEET POTATO FRIES FRESH VEGGIE DIPPERS FRESH GARDEN SALAD FRESH KIWI</p>	<p>15 DOUGHNUT, OATMEAL, GRAPES & STRAWBERRIES</p> <p style="text-align: center;">HAPPY THANKSGIVING</p> <p>TURKEY & DRESSING W/ WARM ROLL CORN DOG GREEN BEANS MASHED SWEET POTATOES FRESH GARDEN SALAD FRESH FRUIT CHOCOLATE CAKE</p>	<p>16 SCRAMBLED EGGS, BACON, BISCUIT, ORANGE SLICES</p> <p>CHICKEN SALAD PLATE HAMBURGER SIDEWINDERS LEMON ROASTED CARROTS FRESH GARDEN SALAD FRSEH FRUIT</p>
<p>19</p> 	<p>20</p> <p style="text-align: center;">HAPPY THANKSGIVING</p> 	<p>21</p>	<p>22</p> 	<p>23</p> 
<p>26 BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>LASAGNA W/ ITALIAN BREADSTICK POPCORN CHICKEN W/ WARM ROLL BROCCOLI & CHEESE WHIPPED SWEET POTATOES FRESH GARDEN SALAD MANDARIN ORANGES</p>	<p>27 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>BBQ PLATE CRISPY CHICKEN SANDWICH BAKED BEANS COLESLAW FRESH GARDEN SALAD CHILLED FRUIT</p>	<p>28 YOGURT PARFAIT, MUFFIN, BANANA</p> <p>CHICKEN PARMESAN PANINI HOT DOG W/ BAKED CHIPS CORN PINTO BEANS FRESH GARDEN SALAD APPLE SMILES</p> 	<p>29 CHICKEN BISCUIT, OATMEAL, PEACH SLICES</p> <p>HERB ROASTED CHICKEN W/ WARM ROLL ITALIAN DUNKERS TOMATO & ZUCCHINI GRATIN GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS</p>	<p>30 SCRAMBLED EGGS, SAUSAGE LINK, PANCAKES, MIXED FRUIT</p> <p>BREADED PORK CHOPS W/ WARM ROLL CHEESEBURGER ROASTED RANCH POTATOES GREEN PEAS FRESH GARDEN SALAD FRESH FRUIT</p>

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