












**TUSCALOOSA COUNTY SCHOOLS
ELEMENTARY MENU
OCTOBER 2020**

Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please
Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*MENUS ARE SUBJECT TO CHANGE*</p> 	<p>"We strive to be successful in food because students can't be successful without it."</p> 		<p>01 FRENCH TOAST STICKS, SAUSAGE LINK & FRESH FRUIT</p> <p>WINGS & THINGS W/ WARM ROLL PIZZA SWEET POTATO FRIES BLACK-EYED PEAS FRESH FRUIT</p>	<p>02 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HAMBURGER TATER TOTS EDAMAME FRESH FRUIT</p>
<p>05 DONUT, FRESH FRUIT</p> <p>LASAGNA W/ GARLIC KNOT CHICKEN TENDER BASKET CORN GREEN BEANS FRESH FRUIT</p>	<p>06 KELLOGG'S MINI PANCKES, YOGURT, FRESH FRUIT</p> <p>TACO SALAD MINI CORN DOGS LEMON ROASTED CARROTS REFRIED BEANS FRESH FRUIT</p>	<p>07 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL PIZZA POPPERS GREEN PEAS GARLIC ROASTED MASHED POTATES FRESH FRUIT</p>	<p>08 BREAKFAST PIZZA, FRESH FRUIT</p> <p>MINI CHEESE RAVIOLI W/ GARLIC KNOT CHICKEN SANCWICH BLACK-EYED PEAS SWEET POTATO FRIES FRESH FRUIT</p>	<p>09 SCRAMBLED EGGS, SAUSAGE, DUTCH WAFFLE, FRESH FRUIT</p> <p>PIZZA CHEESEBURGER FRENCH FRIES PARMESAN ROASTED BROCCOLI FRESH FRUIT</p> 
<p>12 CHICKEN BISCUIT, FRESH FRUIT</p> <p>CHICKEN NUGGETS W/ WARM ROLL CRISPITO GREEN BEANS CORN FRESH FRUIT</p> 	<p>13 GENERAL MILLS SOFT BAR, YOGURT & FRESH FRUIT</p> <p>HERB ROASTED CHICKEN & WARM ROLL BREADED MOZZARELLA STICKS CITRUS CINNAMON GLAZED CARROTS GREEN PEAS FRESH FRUIT</p>	<p>14 CINNAMON ROLL, FRESH FRUIT</p> <p>SPAGHETTI W/ GARLIC KNOT HOT DOG W/ CHEEZE-ITZ BUTTERED SQUASH BROCCOLI & CHEESE FRESH FRUIT</p> 	<p>15 FRENCH TOAST STICKS, SAUSAGE LINK & FRESH FRUIT</p> <p>WINGS & THINGS W/ WARM ROLL PIZZA SWEET POTATO FRIES BLACK-EYED PEAS FRESH FRUIT</p>	<p>16 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HAMBURGER TATER TOTS EDAMAME FRESH FRUIT</p>
<p>19 DONUT, FRESH FRUIT</p> <p>LASAGNA W/ GARLIC KNOT CHICKEN TENDER BASKET CORN GREEN BEANS FRESH FRUIT</p>	<p>20 KELLOGG'S MINI PANCAKES, YOGURT, FRESH FRUIT</p> <p>TACO SALAD MINI CORN DOGS LEMON ROASTED CARROTS REFRIED BEANS FRESH FRUIT</p> 	<p>21 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL PIZZA POPPERS GREEN PEAS GARLIC ROASTED MASHED POTATOES FRESH FRUIT</p>	<p>22 BREAKFAST PIZZA, FRESH FRUIT</p> <p>MINI CHEESE RAVIOLI W/ GARLIC KNOT CHICKEN SANCWICH BLACK-EYED PEAS SWEET POTATO FRIES FRESH FRUIT</p>	<p>23 SCRAMBLED EGGS, SAUSAGE, DUTCH WAFFLE, FRESH FRUIT</p> <p>PIZZA CHEESEBURGER FRENCH FRIES PARMESAN ROASTED BROCCOLI FRESH FRUIT</p> 
<p>26 CHICKEN BISCUIT, FRESH FRUIT</p> <p>CHICKEN NUGGETS W/ WARM ROLL CRISPITO GREEN BEANS CORN FRESH FRUIT</p> 	<p>27 GENERAL MILLS SOFT BAR, YOGURT & FRESH FRUIT</p> <p>HERB ROASTED CHICKEN & WARM ROLL BREADED MOZZARELLA STICKS CITRUS CINNAMON GLAZED CARROTS GREEN PEAS FRESH FRUIT</p>	<p>28 CINNAMON ROLL, FRESH FRUIT</p> <p>SPAGHETTI W/ GARLIC KNOT HOT DOG W/ CHEEZE-ITZ BUTTERED SQUASH BROCCOLI & CHEESE FRESH FRUIT</p> 	<p>29 FRENCH TOAST STICKS, SAUSAGE LINK & FRESH FRUIT</p> <p>WINGS & THINGS W/ WARM ROLL PIZZA SWEET POTATO FRIES BLACK-EYED PEAS FRESH FRUIT</p>	<p>30 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HAMBURGER TATER TOTS EDAMAME FRESH FRUIT</p> 

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