

# TUSCALOOSA COUNTY SCHOOLS

## MENU

**FEBRUARY 2019**

Breakfast Options:  
Cereal, Toast or Cinnamon Toast or Muffin, Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily.  
Lunch Options:  
Assorted 1% & Skim Milk offered daily.  
*Additional items may be added to the menu. Please Check w/ your local schools for additional choices.*

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>*MENUS ARE SUBJECT TO CHANGE*</b></p> 	<p><b>"We strive to be successful in food because students can't be successful without it."</b></p>			<p><b>01</b> SCRAMBLED EGGS, PANCAKES, SAUSAGE LINK, MIXED FRUIT</p> <p style="text-align: center;">CRISITOS SLOPPY JOE ROASTED RANCH POTATOES BLACK-EYED PEAS FRESH GARDEN SALAD FRESH FRUIT</p> 
<p><b>04</b> FRENCH TOAST STICKS, SAUSAGE LINK, FRESH FRUIT</p> <p>TERIYAKI CHICKEN W/ ASISAN RICE &amp; EGG ROLL PIZZA STIR FRY VEGGIES GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS</p>	<p><b>05</b> CINNAMON ROLL, OATMEAL, CHILLED FRUIT</p> <p>CHICKIE CHICKIE BANG BANG W/ WARM ROLL HAMBURGER BLACK-EYED PEAS FRENCH FRIES FRESH GARDEN SALAD PINEAPPLE TIDBITS</p> 	<p><b>06</b> SAUSAGE &amp; GRAVY BISCUIT, YOGURT, MIXED FRUIT</p> <p>TOMATO BASIL SOUP W/ GRILLED CHEESE CHICKEN TENDER BASKET LEMON ROASTED CARROTS SPINACH FLORENTINE FRESH GARDEN SALAD APPLE SMILES</p> 	<p><b>07</b> DOUGHNUT, OATMEAL, PEACH SLICES</p> <p>BERRY HOT CHICKEN W/ WARM ROLL HOT DOG W/ CHIPS GARLIC HERB MASHED POTATOES GREEN PEAS FRESH GARDEN SALAD CHILLED FRUIT CHOCOLATE CHIP COOKIE</p>	<p><b>08</b> SCRAMBLED EGGS, BISCUIT, BACON, ORANGE SLICES</p> <p>SPAGHETTI W/ ITALIAN BREAD STICK CHICKEN BACON RANCH CIABATTA GARLIC ROASTED ASPARAGUS CORN FRESH GARDEN SALAD FRESH FRUIT</p>
<p><b>11</b> BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>CHICKEN CAESAR CLUB LASAGNA W/ ITALIAN BREADSTICK SWEET POTATO FRIES GREEN BEANS FRESH GARDEN SALAD PEACH SLICES</p>	<p><b>12</b> SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>POPPYSEED CHICKEN W/ WARM ROLL CORN DOG W/ CHIPS TOMATO &amp; ZUCCHINI GRATIN ROASTED CARROTS FRESH GARDEN SALAD ORANGE SLICES</p>	<p><b>13</b> YOGURT PARFAIT, MUFFIN, BANANA</p> <p>CHILI W/ GRILLED CHEESE CRISPY CHICKEN SANDWICH VEGGIE MEDLEY TATER TOTS FRESH GARDEN SALAD FRESH FRUIT</p> 	<p><b>14</b> CHICKEN BISCUIT, OATMEAL, PEACH SLICES <b>VALENTINE'S DAY</b></p> <p>CHICKEN &amp; DUMPLINS W/ CORNBREAD CHEESEBURGER FRESH YELLOW SQUASH BLACK-EYED PEAS FRESH GARDEN SALAD RAINBOW PEARS BROWNIE PUDDING</p>	<p><b>15</b> SCRAMBLED EGGS, PANCAKES, SAUSAGE LINK, MIXED FRUIT</p> <p>BRUNCH FOR LUNCH POPCORN CHICKEN W/ WARM ROLL CORN ON THE COBB PINTO BEANS FRESH GARDEN SALAD FRESH FRUIT</p> 
<p><b>18</b></p> <p style="font-size: 2em; color: pink;">NO SCHOOL</p> 	<p><b>19</b></p> <p style="font-size: 2em; color: purple;">NO SCHOOL</p> 	<p><b>20</b> SAUSAGE &amp; GRAVY BISCUIT, YOGURT, MIXED FRUIT</p> <p>CHICKEN NOODLE SOUP W/ GRILLED CHEESE PIZZA FRESH VEGGIE DIPPERS BAKED SWEET POTATOES W/ SPICED HERB BUTTER FRESH GARDEN SALAD FRESH FRUIT</p>	<p><b>21</b> DOUGHNUT, OATMEAL, PEACH SLICES</p> <p>MEATLOAF W/ CORNBREAD CRISPY CHICKEN SANDWICH MASHED POTATOES W/ GRAVY GREEN PEAS FRESH GARDEN SALAD MIXED FRUIT CAKE</p>	<p><b>22</b> SCRAMBLED EGGS, BISCUIT, BACON, ORANGE SLICES</p> <p>TACO SALAD W/ BROWN RICE MINI CORN DOGS REFRIED BEANS CORN FRESH GARDEN SALAD FRESH FRUIT</p> 
<p><b>25</b> BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>COUNTRY FRIED STEAK W/ GRAVY &amp; WARM ROLL CARNIVAL DOG GREEN BEANS MASHED POTATOES W/ GRAVY FRESH GARDEN SALAD MANDARIN ORANGES</p>	<p><b>26</b> SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>TURKEY TETRAZZINI W/ BREAD STICK POPCORN CHICKEN W/ WARM ROLL BROCCOLI &amp; CHEESE CORN FRESH GARDEN SALAD CHILLED FRUIT</p> 	<p><b>27</b> YOGURT PARFAIT, MUFFIN, BANANA</p> <p>BEEF VEGGIE SOUP W/ CORNBREAD CHEESEBURGER ROASTED CARROTS FRENCH FRIES FRESH GARDEN SALAD MIXED FRUIT FREE ICE CREAM</p> 	<p><b>28</b> CHICKEN BISCUIT, OATMEAL, PEACH SLICES</p> <p>SMOKEHOUSE BBQ CHICKEN TENDER BASKET BAKED BEANS MAC-N-CHEESE FRESH GARDEN SALAD FRESH FRUIT</p>	

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