

TUSCALOOSA COUNTY SCHOOLS

MENU

JANUARY 2019

Breakfast Options:
Cereal, Toast or Cinnamon Toast or Muffin, Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily.
Lunch Options:
Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please Check w/ your local schools for additional choices.
















MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MENUS ARE SUBJECT TO CHANGE									
		<p>"We strive to be successful in food because students can't be successful without it."</p>				<h1>HAPPY NEW YEAR</h1>			
<p>07 FRENCH TOAST STICKS, SAUSAGE LINK, FRESH FRUIT</p> <p>TERIYAKI CHICKEN W/ ASISAN RICE & EGG ROLL PIZZA</p>  <p>STIR FRY VEGGIES GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS</p>	<p>08 CINNAMON ROLL, OATMEAL, CHILLED FRUIT</p>  <p>CHICKIE CHICKIE BANG BANG W/ WARM ROLL HAMBURGER BLACK-EYED PEAS FRENCH FRIES FRESH GARDEN SALAD PINEAPPLE TIDBITS</p>	<p>09 SAUSAGE & GRAVY BISCUIT, YOGURT, MIXED FRUIT</p> <p>TOMATO BASIL SOUP W/ GRILLED CHEESE CHICKEN TENDER BASKET LEMON ROASTED CARROTS SPINACH FLORENTINE FRESH GARDEN SALAD APPLE SMILES</p>	<p>10 DOUGHNUT, OATMEAL, PEACH SLICES</p> <p>BERRY HOT CHICKEN W/ WARM ROLL HOT DOG W/ CHIPS GARLIC HERB MASHED POTATOES GREEN PEAS FRESH GARDEN SALAD CHILLED FRUIT CHOCOLATE CHIP COOKIE</p>	<p>11 SCRAMBLED EGGS, BISCUIT, BACON, ORANGE SLICES</p> <p>SPAGHETTI W/ ITALIAN BREAD STICK CHICKEN BACON RANCH CIABATTA GARLIC ROASTED ASPARAGUS CORN FRESH GARDEN SALAD FRESH FRUIT</p> 					
<p>14 BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>CHICKEN CAESAR CLUB LASAGNA W/ ITALIAN BREADSTICK SWEET POTATO FRIES GREEN BEANS FRESH GARDEN SALAD PEACH SLICES</p> 	<p>15 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>POPPYSEED CHICKEN W/ WARM ROLL CORN DOG W/ CHIPS TOMATO & ZUCCHINI GRATIN ROASTED CARROTS FRESH GARDEN SALAD ORANGE SLICES BROWNIE PUDDING</p> 	<p>16 YOGURT PARFAIT, MUFFIN, BANANA</p>  <p>CHILI W/ GRILLED CHEESE CRISPY CHICKEN SANDWICH VEGGIE MEDLEY TATER TOTS FRESH GARDEN SALAD FRESH FRUIT</p>	<p>17 CHICKEN BISCUIT, OATMEAL, PEACH SLICES</p> <p>CHICKEN & DUMPLINS W/ CORNBREAD CHEESEBURGER FRESH YELLOW SQUASH BLACK-EYED PEAS FRESH GARDEN SALAD RAINBOW PEARS</p>	<p>18 SCRAMBLED EGGS, PANCAKES, SAUSAGE LINK, MIXED FRUIT</p> <p>BRUNCH FOR LUNCH POPCORN CHICKEN W/ WARM ROLL CORN ON THE COBB PINTO BEANS FRESH GARDEN SALAD FRESH FRUIT</p>					
<p>21</p> <h1>NO SCHOOL</h1>		<p>22 CINNAMON ROLL, OATMEAL, RAINBOW PEARS</p>  <p>MEDITERRIANIAN BEEF GYRO HAMBURGER MEDITERRIANIAN ROASTED VEGGIES SIDEWINDERS FRESH GARDEN SALAD APPLE SMILES</p>	<p>23 SAUSAGE & GRAVY BISCUIT, YOGURT, MIXED FRUIT</p> <p>CHICKEN NOODLE SOUP W/ GRILLED CHEESE PIZZA FRESH VEGGIE DIPPERS BAKED SWEET POTATOES W/ SPICED HERB BUTTER FRESH GARDEN SALAD FRESH FRUIT</p>	<p>24 DOUGHNUT, OATMEAL, PEACH SLICES</p>  <p>MEATLOAF W/ CORNBREAD CRISPY CHICKEN SANDWICH MASHED POTATOES W/ GRAVY GREEN PEAS FRESH GARDEN SALAD MIXED FRUIT CAKE</p>	<p>25 SCRAMBLED EGGS, BISCUIT, BACON, ORANGE SLICES</p> <p>TACO SALAD W/ BROWN RICE MINI CORN DOGS REFRIED BEANS CORN FRESH GARDEN SALAD FRESH FRUIT</p>				
<p>28 BREAKFAST PIZZA, YOGURT, FRESH FRUIT</p> <p>COUNTRY FRIED STEAK W/ GRAVY & WARM ROLL CARNIVAL DOG GREEN BEANS MASHED POTATOES W/ GRAVY FRESH GARDEN SALAD MANDARIN ORANGES</p> 	<p>29 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS</p> <p>TURKEY TETRAZZINI W/ BREAD STICK POPCORN CHICKEN W/ WARM ROLL BROCCOLI & CHEESE CORN FRESH GARDEN SALAD CHILLED FRUIT</p>	<p>30 YOGURT PARFAIT, MUFFIN, BANANA</p>  <p>BEEF VEGGIE SOUP W/ CORNBREAD CHEESEBURGER ROASTED CARROTS FRENCH FRIES FRESH GARDEN SALAD MIXED FRUIT FREE ICE CREAM</p>	<p>31 CHICKEN BISCUIT, OATMEAL, PEACH SLICES</p>  <p>SMOKEHOUSE BBQ CHICKEN TENDER BASKET BAKED BEANS MAC-N-CHEESE FRESH GARDEN SALAD FRESH FRUIT</p>						

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