














TUSCALOOSA COUNTY SCHOOLS
MENU
SEPTEMBER 2018

Breakfast Options:
Cereal, Toast, Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily.
Lunch Options:
Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 NO SCHOOL- LABOR DAY	04 NO SCHOOL	05 SAUSAGE, GRAVY BISCUIT, YOGURT, FRESH FRUIT JAMBALAYA W/ CORNBREAD POPCORN CHICKEN W/ WARM ROLL GREEN PEAS MASHED POTATOES & GRAVY FRESH GARDEN SALAD APPLE SMILES	06 DOUGHNUT, OATMEAL, GRAPES & STRAWBERRIES TACO SALAD W/ BROWN RICE ZYDECO CHICKEN W/ WARM ROLL FIESTA CORN REFRIED BEANS FRESH GARDEN SALAD CHILLED FRUIT 	07 SCRAMBLED EGGS, BACON, BISCUIT, ORANGE SLICES BUFFALO CHICKEN DIP HAMBURGER FRESH VEGGIE DIPPERS SIDEWINDERS FRESH GARDEN SALAD FRESH FRUIT
10 BREAKFAST PIZZA, YOGURT, FRESH FRUIT GREEK CHICKEN W/ RICE PILAF PIZZA POPPERS EDAMAME TATER TOTS FRESH GARDEN SALAD PEACH SLICES	11 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS CRISPIITOS SPICY CHICKEN SANDWICH VEGGIE MEDLEY PINTO BEANS FRESH GARDEN SALAD ORANGE SLICES 	12 YOGURT PARFAIT, MUFFIN, PEACH SLICES CHICKEN BACON RANCH CIABATTA PIZZA SUBMARINE FRESH YELLOW SQUASH ROASTED CARROTS FRESH GARDEN SALAD MIXED FRUIT 	13 CHICKEN BISCUIT, OATMEAL, BANANA SWEET & SOUR CHICKEN W/ EGG ROLL CORN DOG W/ CHIPS STIR FRY VEGGIES GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS COOKIE	14 SCRAMBLED EGGS, SAUSAGE LINK, PANCAKES, MIXED FRUIT RIBS W/ WARM ROLL CHEESEBURGER BAKED BEANS CORN ON THE COBB FRESH GARDEN SALAD FRESH FRUIT 
17 FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL BANG BANG MASHED POTATOES & GRAVY GREEN BEANS FRESH GARDEN SALAD PINEAPPLE TIDBITS	18 CINNAMON ROLL, OATMEAL, RAINBOW PEARS MEDITERRIANIAN BEEF GYRO PIZZA MEDITERRIANIAN ROASTED VEGGIES BLACK-EYED PEAS FRESH GARDEN SALAD APPLE SMILES 	19 SAUSAGE, GRAVY BISCUIT, YOGURT, FRESH FRUIT CHILI W/ CORNBREAD CHICKEN TENDER BASKET SWEET POTATO FRIES FRESH VEGGIE DIPPERS FRESH GARDEN SALAD FRESH KIWI	20 DOUGHNUT, OATMEAL, GRAPES & STRAWBERRIES SPAGHETTI W/ ITALIAN BREADSTICK CHICKEN CAESAR CLUB CORN GARLIC ROASTED ASPARAGUS FRESH GARDEN SALAD BANANA CHOCOLATE CAKE 	21 SCRAMBLED EGGS, BACON, BISCUIT, ORANGE SLICES CHICKEN SALAD PLATE HAMBURGER SIDEWINDERS LEMON ROASTED CARROTS FRESH GARDEN SALAD FRSEH FRUIT
24 BREAKFAST PIZZA, YOGURT, FRESH FRUIT LASAGNA W/ ITALIAN BREADSTICK POPCORN CHICKEN W/ WARM ROLL BROCCOLI & CHEESE PINTO BEANS FRESH GARDEN SALAD MANDARIN ORANGES 	25 SAUSAGE BISCUIT, OATMEAL, PINEAPPLE TIDBITS BBQ PLATE CRISPY CHICKEN SANDWICH BAKED BEANS COLESLAW FRESH GARDEN SALAD CHILLED FRUIT	26 YOGURT PARFAIT, MUFFIN, PEACH SLICES CHICKEN PARMESAN PANINI HOT DOG W/ BAKED CHIPS CORN PINTO BEANS FRESH GARDEN SALAD APPLE SMILES	27 CHICKEN BISCUIT, OATMEAL, BANANA HERB ROASTED CHICKEN W/ WARM ROLL ITALIAN DUNKERS TOMATO & ZUCCHINI GRATIN GREEN BEANS FRESH GARDEN SALAD RAINBOW PEARS 	28 SCRAMBLED EGGS, SAUSAGE LINK, PANCAKES, MIXED FRUIT BREADED PORK CHOPS W/ WARM ROLL CHEESEBURGER ROASTED RANCH POTATOES GREEN PEAS FRESH GARDEN SALAD FRESH FRUIT
"We strive to be successful in food because students can't be successful without it." 	 Happy Fall		Y'all  	*MENUS ARE SUBJECT TO CHANGE* 

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