





TUSCALOOSA COUNTY SCHOOLS
MENU
OCTOBER 2017

Breakfast Options:
Cereal, Toast, Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily.
Lunch Options:
Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please Check w/ your local schools for additional choices.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
02	SAUSAGE BISCUIT, FRESH FRUIT CHICKEN TENDER BASKET ITALIAN DUNKERS BABY GREEN LIMAS BUTTERED CARROTS FRESH GARDEN SALAD CHILLED FRUIT	03	CINNAMON ROLL, CHEESE STICK, FRESH FRUIT LEMON PEPPER TILAPIA W/ WARM ROLL CORN DOG W/ DORITOS PINTO BEANS ITALIAN VEGGIES FRESH GARDEN SALAD FRESH PEARS	04	MUFFIN, YOGURT, FRESH FRUIT HAMBURGER STEAK W/ GRAVY & WARM ROLL CRISPY CHICKEN SANDWICH TURNIP GREENS MASHED POTATOES FRESH GARDEN SALAD SLICED PEACHES	05	SAUSAGE PANCAKE STICK, FRESH FRUIT LASAGNA W/ BREADSTICK TERIYAKI CHICKEN W/ ASIAN RICE & EGG ROLL FRESH VEGGIE DIPPERS GARLIC ROASTED ASPARAGUS FRESH GARDEN SALAD CHILLED FRUIT	06	MINI BAGELS, YOGURT, FRESH FRUIT CHEESY CHICKEN PASTA W/ BREADSTICK MINI HAMBURGERS GREEN PEAS TATER TOTS FRESH GARDEN SALAD STRAWBERRY CUP COOKIES	FARM TO SCHOOL MONTH	
09	NO SCHOOL 	10	NO SCHOOL 	11	CEREAL BAR, YOGURT, FRESH FRUIT SPAGHETTI W/ BREADSTICK HAM CIABATTA SANDWICH W/ BAKED CHIPS GREEN BEANS GLAZED CARROTS FRESH GARDEN SALAD PEACH CUP BROWNIE PUDDING	12	EGG & CHEESE BREAKFAST SANDWICH, GO-GURT, FRESH FRUIT JAMBALAYA W/ CORNBREAD PIZZA POPPERS BLACK-EYED PEAS CAJUN ROASTED SWEET POTATOES FRESH GARDEN SALAD BANANA	13	BREAKFAST WRAP, FRESH FRUIT CHEESEBURGER CARNIVAL DOG GREEN PEAS SIDEWINDERS FRESH GARDEN SALAD APPLE SAUCE		
16	SAUSAGE BISCUIT, FRESH FRUIT CRISPITOS TURKEY & CHEESE PANINI FIESTA CORN SWEET POTATO FRIES FRESH GARDEN SALAD STRAWBERRY CUPS	17	CINNAMON ROLL, CHEESE STICK, FRESH FRUIT CITRUS CHICKEN W/ RICE PILAF PIZZA VEGETABLE MEDLEY TATER TOTS FRESH GARDEN SALAD FRESH FRUIT	18	MUFFIN, YOGURT, FRESH FRUIT CARNITA ROASTED PORK W/ RICE BRUNCH FOR LUNCH HASNBROWNS FRESH VEGGIE DIPPERS FRESH GARDEN SALAD BANANA ICE CREAM	19	SAUSAGE PANCAKE STICK, FRESH FRUIT WINGS & THINGS W/ WARM ROLL MEATLOAF W/ CORNBREAD MASHED POTATOES TURNIP GREENS FRESH GARDEN SALAD PINEAPPLE TIDBITS	20	MINI BAGELS, YOGURT, FRESH FRUIT BBQ PLATE MINI HAMBURGERS BAKED BEANS MARINATED COLESLAW FRESH GARDEN SALAD FRESH FRUIT	NATIONAL SCHOOL LUNCH WEEK	
23	MINI PANCAKES, CHEESE STICK, FRESH FRUIT SWEET & SOUR CHICKEN W/ RICE PIZZA STIR FRY VEGGIE TATER TOTS FRESH GARDEN SALAD APPLE SAUCE	24	BREAKFAST PIZZA, FRESH FRUIT GREEK CHICKEN W/ RICE PILAF BEEF NUGGETS GREEN PEAS ROASTED CARROTS FRESH GARDEN SALAD MANDARIN ORANGES HOT FUDGE CAKE	25	CEREAL BAR, YOGURT, FRESH FRUIT COUNTRY FRIED STEAK W/ GRAVY & WARM ROLL ITALIAN MEATBALL SUB GREEN BEANS MASHED POTATOES FRESH GARDEN SALAD PEACH CUP	26	EGG & CHEESE BREAKFAST SANDWICH, GO-GURT, FRESH FRUIT HAMBURGER RED BEANS & RICE W/ CORNBREAD STEAMED BROCCOLI SIDEWINDERS FRESH GARDEN SALAD BANANA	27	BREAKFAST WRAP, FRESH FRUIT TACO SALAD W/ BROWN RICE SPICY CHICKEN SANDWICH FIESTA CORN REFRIED BEANS FRESH GARDEN SALAD ORANGE SMILES	HAPPY HALLOWEEN	
30	CINNAMON ROLL, CHEESE STICK, FRESH FRUIT LEMON PEPPER TILAPIA W/ WARM ROLL CORN DOG W/ DORITOS PINTO BEANS ITALIAN VEGGIES FRESH GARDEN SALAD FRESH PEARS	31	SAUSAGE BISCUIT, FRESH FRUIT HAPPY HALLOWEEN CREEPY CHICKEN TENDER BASKET FRIGHTENING ITALIAN DUNKERS SPOOKY BABY GREEN LIMAS SKELETON BUTTERED CARROTS HOWLING FRESH GARDEN SALAD CHILLED FRUIT SLIMMY JELLOW	**MENUS ARE SUBJECT TO CHANGE** 		"We strive to be successful in food because students can't be successful without it."					

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